

Dementia Friendly Dallas has adopted the following initiatives:

• Dementia Friend

A Dementia Friend learns about dementia and then turns that understanding into action. After this one-hour education session, you understand five key messages about dementia, how to effectively communicate with someone living with dementia, and choose a small action to make your community more dementia friendly. We all have a part to play in creating dementia friendly communities! Dementia Friend Education Sessions are held virtually and in-person and facilitated by a Dementia Friendly Dallas volunteer.

• Dementia Friendly @ Work

Equip your organization to engage with and respond effectively when serving people living with dementia and their families. Through staff training, self-evaluation, and commitment to dementia friendly practices, organizations are encouraged to create an environment that is safe, respectful, and welcoming for people living with dementia.

• Dementia Friendly Engage

People with dementia seek opportunities to learn, create, socialize, and volunteer. Through the Dementia Friendly Engage initiative, DFD supports the development of Memory Café's to encourage connection, engagement, and friendship for both the person living with dementia and their care partner.

Dementia Friendly Dallas Action Team & Supporters

(as of 10/11/2023)

- Juliette Fowler Communities, Sponsor
- AARP
- Alzheimer's Association
- AWARE
- BvB Dallas
- Center for BrainHealth
- Christian Care Communities & Services
- Highland Park United Methodist Church
- McNair Dallas Law
- Neurology Consultants of Dallas
- The Senior Source
- University of Texas Arlington/
School of Social Work

Get involved! To schedule an education session or to learn more about Dementia Friendly Dallas initiatives, contact

dementiafriendlydallas@gmail.com

Connect with us on Facebook!



www.dfdallas.org



*Creating a
community where
all people can live,
age, and thrive.*



What is Dementia Friendly Dallas?

Dementia Friendly Dallas is affiliated with Dementia Friendly America which was founded in 2015. DFA is a national network of communities, organizations and individuals working to ensure that cities are equipped to help people living with dementia and their caregivers. Dementia Friendly communities seek to support people living with dementia so they remain connected, engaged, and thrive in day-to-day living. Dementia Friendly communities are informed, safe, respectful, and foster quality of life. Dementia Friendly Dallas is seeking to bring more dementia friendly practices to our city.



Who is involved in a DFA community?

- **Businesses and Banking** support customers living with dementia by accommodating cognitive impairment.
- **Law enforcement and first responders** recognize signs of dementia and respond accordingly.
- **Health care systems** promote early diagnosis and connect individuals with community services.
- **Faith communities** are welcoming and have specialized programs, services, or accommodations.
- **Local governments** plan and implement housing, transportation, public spaces, and emergency response that enable people with dementia and care partners to thrive.
- **Community members** learn how to interact sensitively and create networks of support.
- **Restaurants, grocery stores, and libraries** offer services and supports that foster access and independence.
- **Employers** support employees who are caregivers through proactive personnel policies.
- **Residential care and community services** offer a range of services to maximize independence and support ongoing community engagement.

Source: www.dfamerica.org

Every part of the community works together to take steps to create a dementia friendly culture.